

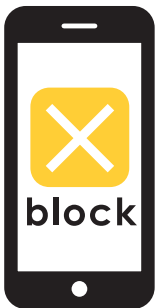
Whether you game, snap or scroll, we want you to have fun and be safe on all your devices!



**stop · block · talk**



If someone asks you for something personal like where you live – **STOP**. If someone asks you for a picture or tells you to take a video of yourself and send it to them – **STOP**. If someone is being rude, says something mean to you or calls you names – **STOP**. Don't reply and don't call them names back. And if you feel like being mean to someone yourself – **STOP**.



If you are playing a game or chatting with someone and they keep asking you the same questions that you don't want to answer – **BLOCK**. If you are talking or playing a game with someone and they are making you mad, sad or uncomfortable – **BLOCK**. If someone is threatening you or tells you they will do something to embarrass or hurt you – **BLOCK**. **You don't ever need to feel bad about blocking someone who does these things.**



And if whatever happened bothers you or makes you feel worried – **TALK** to someone you trust. If you don't know what to do – **TALK** to a friend or trusted adult. And if you are worried about a friend who is doing something unsafe – **TALK** to someone you trust about it.



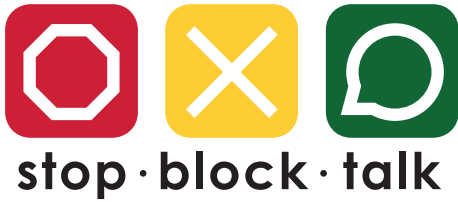
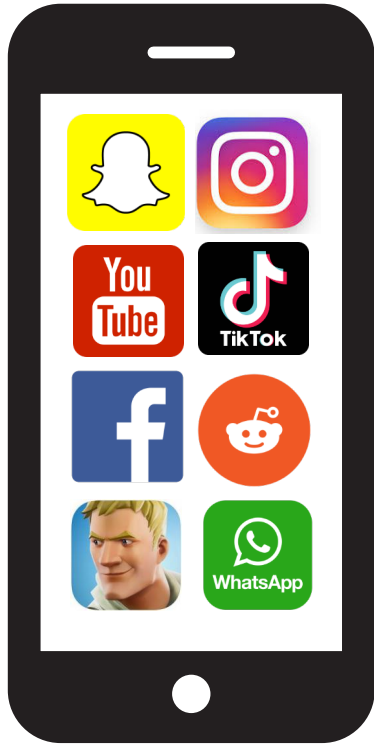
STOP BLOCK AND TALK is a program of  
**The Suffolk County  
District Attorney's Office**

suffolkdistrictattorney.com  
617-619-4000 | @StopBlockTalk



suffolkcac.org  
617-779-2146

# Take a picture of this page so you always have it!



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**CRISIS TEXT LINE – Text HELLO to 741741**

24/7 help and support for people in crisis.

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**TEEN DATING ABUSE HELPLINE:**

**1-866-331-9474**

Speak with peer advocates about dating, relationships and abuse.

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**NATIONAL SEXUAL ASSAULT HOTLINE:**

**1-800-656-4673**

Get help and referrals from advocates.

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**NATIONAL SUICIDE PREVENTION LIFELINE:**

**1-800-273-8255**

Free confidential support for people in distress and prevention and crisis resources.

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**TREVOR LIFELINE:**

**1-866-488-7386 | Text START TO 678678**

A crisis and intervention and suicide prevention line for LGBTQ youth.

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**To Report Online Abuse or Exploitation**

**Cybertipline: 1-800-843-5678**

cybertipline.com

You can also click: **“Get Help”** / **“Is your explicit image out there?”** for help with getting pictures removed from specific sites.