

Our Safety Rules

1

Body Boundaries

Your body is yours. YOU decide how, when, and if you want to be touched.

- If a touch makes you feel uncomfortable, sad, confused, or not right, it's unsafe.
- Giving consent to any touch is your right. Getting consent before touching anyone else is your responsibility.

2

Never Keep Secrets

Tell me or another grown-up you trust if someone asks you to keep a secret.

- A secret is when someone asks, threatens, or forces you not to tell about something they did. Secrets are unsafe.

3

Always Ask First if someone wants you to... go somewhere, do something, or wants to give you something, especially if you'll be alone with someone else.

These rules apply to **everyone**. You can say "no" to anyone who wants to break the rules.

If someone breaks a rule:

- It's never your fault.
- It's never too late to tell.
- Tell a trusted adult. Keep telling until someone believes you.
- It's okay to tell me. I will believe you and keep you safe.



CHILDREN'S ADVOCACY CENTER
of suffolk county